

Uitslag 20-05-2009

| | | |
|----|------------------------|---------|
| 1 | 26 Tjeerd Popkema | 0:31:42 |
| 2 | 10 Cornelis Snoek | 0:31:49 |
| 3 | 14 Jacob Westerink | 0:31:50 |
| 4 | Andries Mol | 0:32:15 |
| 5 | 27 Jacob Snoek | 0:33:41 |
| 6 | 28 Frank Stobbe | 0:34:24 |
| 7 | 2 Pieter Sinke | 0:34:34 |
| 8 | 17 Wiebren Westra | 0:35:20 |
| 9 | 15 Johan Berkhout | 0:35:22 |
| 10 | 37 Sjoerd Visser | 0:35:40 |
| 11 | 7 Cees Snoek | 0:36:07 |
| 12 | 34 Jan Sinke | 0:36:30 |
| 13 | 4 Bert van Slooten | 0:36:32 |
| 14 | 20 Louw Gerssen | 0:36:35 |
| 15 | 38 Gabor van den Berg | 0:36:36 |
| 16 | 22 Pieter Hakvoort | 0:36:45 |
| 17 | 39 Tacco Visser | 0:36:50 |
| 18 | 19 Pieter Coenen | 0:36:54 |
| 19 | 11 Bas van de Wal | 0:37:06 |
| 20 | 23 Jelbert Loosman | 0:37:45 |
| 21 | 35 Klaas Willem Hoorn | 0:37:51 |
| 22 | 9 Mark Oost | 0:38:07 |
| 23 | 8 Hein Coenen | 0:38:45 |
| 24 | 18 Johan van Slooten | 0:38:25 |
| 25 | 6 Gerben Plaizier | 0:38:49 |
| 26 | 36 Timo Hakvoort | 0:38:58 |
| 27 | 16 Jurian Molenaar | 0:39:19 |
| 28 | 3 Kor Ruizendaal | 0:39:37 |
| 29 | 30 Maurice Mulder | 0:39:38 |
| 30 | 5 Joost Visser | 0:39:55 |
| 31 | 29 Cees Kaptijn | 0:39:56 |
| 32 | 1 Jurie van de Berg | 0:40:53 |
| 33 | 12 Klaas Visser | 0:41:26 |
| 34 | 13 Albert Post | 0:41:42 |
| 35 | 21 Michel van Veen | 0:43:29 |
| 36 | 25 Willem Hoorn | 0:45:02 |
| 37 | 24 Geert ten Napel | 0:45:51 |
| 38 | 32 Jaap den Dulk | 0:45:56 |
| 39 | 31 Gersson van Slooten | 0:50:09 |
| 40 | 33 Sjouke Vink | 0:51:55 |
| 41 | 40 Jan Hakvoort | 0:53:06 |

Veteranen

| | | |
|---|--------------------|---------|
| 1 | 60 Willem de Vries | 0:34:10 |
| 2 | 63 Jaap Vlaming | 0:34:32 |
| 3 | 69 Fokke Loosman | 0:35:07 |
| 4 | 52 Auke Brouwer | 0:36:08 |
| 5 | 55 Teunis Snoek | 0:36:16 |

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|----|-----------------------------|---------|
| 6 | 65 Rikus de Jong | 0:36:28 |
| 7 | 68 Anne Stobbe | 0:36:46 |
| 8 | 79 Jan Jongman | 0:36:52 |
| 9 | 57 Roelof T. Visscher | 0:36:59 |
| 10 | 56 Evert v/d Berg | 0:37:22 |
| 11 | 76 Albert Koffeman (de Kof) | 0:37:48 |
| 12 | 78 Jan Kramer | 0:39:02 |
| 13 | 53 Jan Visser | 0:39:45 |
| 14 | 77 Wilbert Mazereeuw | 0:39:53 |
| 15 | 61 Teun Hakvoort | 0:40:09 |
| 16 | 72 Johan Hoorn | 0:40:10 |
| 17 | 73 Freek Brouwer | 0:40:32 |
| 18 | 59 Freek Wezelman | 0:41:47 |
| 19 | 67 Jan Jonkman | 0:41:53 |
| 20 | 54 Albert Medendorp | 0:42:03 |
| 21 | 51 Henk Brouwer | 0:42:12 |
| 22 | 64 Nico v/d Voort | 0:42:57 |
| 23 | 74 Albert van Urk | 0:43:52 |
| 24 | 66 Pieter Bakker | 0:44:09 |
| 25 | 58 Corne v. Striem | 0:44:10 |
| 26 | 70 Johan van Slooten | 0:44:27 |
| 27 | 62 Willem Schraal | 0:44:44 |
| 28 | 71 Fokke Snoek | 0:44:50 |
| 29 | 75 Roelof Oost | 0:50:44 |

Dames

| | | |
|----|-----------------------|---------|
| 1 | 109 Anneke Ruizendaal | 0:37:54 |
| 2 | 108 Marietje Bolle | 0:38:02 |
| 3 | 103 Jenny van Slooten | 0:39:50 |
| 4 | 101 Martha ten Napel | 0:41:17 |
| 5 | 100 Emma Visser | 0:42:10 |
| 6 | 111 Alie Snoek | 0:43:48 |
| 7 | 104 Marja Kramer | 0:43:50 |
| 8 | 106 Grietje Romkes | 0:44:44 |
| 9 | 110 Alie Vink | 0:44:48 |
| 10 | 107 Mienieke Loosman | 0:44:50 |
| 11 | 102 Gre de Vries | 0:46:09 |
| 12 | 105 Jans de Groene | 0:51:53 |

Uitslag 17-06-2009

Onder de 40

| | |
|----------------------|---------|
| 22 Peter Gnodde | 0:30:28 |
| 20 Tjeerd Popkema | 0:31:29 |
| 38 Cornelis Snoek | 0:32:05 |
| 28 Jacob Westerink | 0:34:04 |
| 14 Jacob Snoek | 0:34:26 |
| 85 Sjoerd Visser | 0:34:35 |
| 26 Geert Hoekstra | 0:34:48 |
| 2 Frank Stobbe | 0:34:51 |
| 25 Johan Berkhout | 0:34:52 |
| 86 Hendrik Westra | 0:34:53 |
| 47 Cornelis Meun | 0:35:01 |
| 33 Wiebren Westra | 0:35:07 |
| 5 Pieter Sinke | 0:35:26 |
| 29 Riekelt de Boer | 0:36:09 |
| 11 Ramon Hofman | 0:36:28 |
| 44 Cees Snoek | 0:36:32 |
| 37 Pieter Coenen | 0:36:35 |
| 12 Taco Visser | 0:36:45 |
| 32 Bert van Slooten | 0:37:04 |
| 6 Gabor van den Berg | 0:37:14 |
| 87 Hessel Snoek | 0:37:24 |
| 7 Mark Oost | 0:37:27 |
| 18 Luut Nentjes | 0:37:34 |
| 9 Pieter Hakvoort | 0:37:42 |
| 39 Geert de Boer | 0:38:08 |
| 16 Gerben Plaisier | 0:38:09 |
| 45 Hein Coenen | 0:38:12 |
| 13 Johan van Slooten | 0:38:15 |
| 34 Louw Gerssen | 0:38:51 |
| 10 Jurian Molenaar | 0:38:55 |
| 1 Lourens Visser | 0:39:36 |
| 30 Maurice Mulder | 0:39:41 |
| 35 Cor Ruizendaal | 0:40:09 |
| 49 Klaas Visser | 0:40:13 |
| 4 Albert Post | 0:40:14 |
| 17 Kees Kaptein | 0:40:16 |
| 8 Aart van Veen | 0:40:29 |
| 41 Teunis Hoefnagel | 0:41:25 |
| 27 Joost Visser | 0:41:32 |
| 42 Kees Wakker | 0:42:37 |
| 46 Lucas Kramer | 0:42:46 |
| 24 Freek Koffeman | 0:42:58 |
| 31 Meindert de Boer | 0:43:24 |
| 78 Auke Woord | 0:44:17 |
| 50 Riekelt Post | 0:44:30 |
| 23 Hendrik Baarssen | 0:45:33 |
| 21 Kees Vis | 0:45:40 |

| | |
|------------------------|---------|
| 3 Christian Rommels | 0:45:43 |
| 19 Jaap de Dulk | 0:46:19 |
| 48 Geert ten Napel | 0:47:46 |
| 15 Gersson van Slooten | 0:48:36 |
| 36 Michel van Veen | 0:48:48 |
| 80 Jan Hakvoort | 0:50:32 |
| 43 Sjouke Vink | 0:52:19 |

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Boven de 40

| | |
|----------------------|-------------|
| 51 Fokke Loosman | 0:35:06 |
| 68 Willem de Vries | 0:35:52 |
| 76 Fokke Snoek | 0:36:08 |
| 61 Teunis Snoek | 0:36:36 |
| 65 Auke Brouwer | 0:37:19 |
| 54 Evert van de Berg | 0:37:23 |
| 56 Anne Stobbe | 0:38:00 |
| 69 Roelof Visscher | 0:38:16 |
| 66 Hans Berkhout | 0:38:25 |
| 77 Rikus de Jong | 0:38:42 |
| 67 Jan Visser | 0:39:53 |
| 84 Kees Bakker | 0:40:31 |
| 72 Freek Wezelman | 0:41:08 |
| 57 Teun Hakvoort | 0:41:17 |
| 79 Wilbert Mazereeuw | 0:41:52 |
| 74 Jan Jonkman | 0:42:03 |
| 81 Kees Post | 0:42:16 |
| 53 Herman Euverman | 0:42:31 |
| 82 Albert van Urk | 0:44:44 |
| 83 Pieter Bakker | 0:44:44 |
| 75 Jan Post | 0:45:03 |
| 59 Jo Visscher | 0:45:04 |
| 55 Edwin Claessens | 0:46:01 |
| 62 Jelle de Vries | 0:46:07 |
| 64 Tromp Visser | 0:47:26 |
| 60 Teun Loosman | 0:47:56 |
| 52 Tiemen Hakvoort | 0:48:50 |
| 71 Piet Snijder | 0:50:12 |
| 58 Roelof Oost | 0:52:30 |
| 70 Wim Sturkenboom | 0:52:43 |
| 63 Albert de Kof | uitgevallen |

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Vrouwen

| | |
|-----------------------|---------|
| 113 Anneke Ruizendaal | 0:37:43 |
| 114 Anna Mazereeuw | 0:38:25 |
| 109 Marietje Bolle | 0:39:57 |

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|-------------------------|---------|
| 110 Jenny van Slooten | 0:40:12 |
| 108 Ellen Visser | 0:40:30 |
| 106 Jaqulien v. Blooies | 0:42:10 |
| 101 Willy Sinke | 0:43:13 |
| 115 Alie Coenen | 0:43:55 |
| 103 Mieneke Loosman | 0:44:30 |
| 107 Marja Kramer | 0:45:02 |
| 112 Alie Vink | 0:46:09 |
| 105 Willy Kieft | 0:46:42 |
| 100 Greetje de Vries | 0:47:05 |
| 111 Jans de Groene | 0:49:17 |
| 102 Tiemetje Romkes | 0:50:12 |
| 104 Anna Brouwer | 0:52:43 |

Totaal deelnemers: 101

Uitslag 15-07-2009

Mannen

| | | | |
|----|----|---------------------|---------|
| 1 | 26 | Peter Gnodde | 0:30:54 |
| 2 | 14 | TjeerdPopkema | 0:31:31 |
| 3 | 8 | Andries Mol | 0:32:03 |
| 4 | 25 | Cornelis Snoek | 0:33:22 |
| 5 | 9 | Johan Berkhout | 0:35:00 |
| 6 | 49 | Sjoert Visser | 0:35:02 |
| 7 | 32 | Hendrik Westra | 0:35:25 |
| 8 | 28 | Wiebren Westra | 0:35:39 |
| 9 | 1 | Frank Stobbe | 0:35:45 |
| 10 | 22 | Gabor van de Berg | 0:35:56 |
| 11 | 23 | Taco Visser | 0:35:58 |
| 12 | 42 | Cornelis Meun | 0:36:13 |
| 13 | 4 | Pieter Sinke | 0:36:30 |
| 14 | 34 | Pieter Coenen | 0:36:35 |
| 15 | 7 | Cees Snoek | 0:36:58 |
| 16 | 41 | Jacob de Ridder | 0:37:26 |
| 17 | 31 | Hessel Snoek | 0:37:39 |
| 18 | 10 | Jacob Berkhout | 0:37:40 |
| 19 | 20 | Teun Pasterkamp | 0:37:44 |
| 20 | 12 | Marc Oost | 0:37:56 |
| 21 | 43 | Danny Mazereeuw | 0:38:04 |
| 22 | 29 | Pieter Hakvoort | 0:38:09 |
| 23 | 18 | Hein Coenen | 0:38:14 |
| 24 | 15 | Bert van Slooten | 0:38:18 |
| 25 | 27 | Louw Gerssen | 0:38:28 |
| 26 | 19 | Jacob Snoek | 0:38:31 |
| 27 | 2 | Albert Post | 0:38:31 |
| 28 | 30 | Maurice Mulder | 0:39:05 |
| 29 | 21 | Riekelt Post | 0:39:16 |
| 30 | 5 | Martin Monkel | 0:39:18 |
| 31 | 47 | Lourens Visser | 0:39:20 |
| 32 | 36 | Johan van Slooten | 0:39:41 |
| 33 | 33 | Aart van Veen | 0:40:25 |
| 34 | 3 | Erik Oevering | 0:40:39 |
| 35 | 39 | Rikus ten Napel | 0:40:41 |
| 36 | 35 | Kees Wakker | 0:41:48 |
| 37 | 17 | Meindert de Boer | 0:42:12 |
| 38 | 48 | Timo Hakvoort | 0:42:14 |
| 39 | 6 | Tiemen Jongschaap | 0:42:29 |
| 40 | 46 | Geert ten Napel | 0:44:33 |
| 41 | 38 | Kees Vis | 0:44:52 |
| 42 | 37 | Jaap den Dulk | 0:45:59 |
| 43 | 11 | Gerrit Bakker | 0:46:30 |
| 44 | 24 | William Mazereeuw | 0:47:06 |
| 45 | 44 | Jan Hakvoort | 0:49:43 |
| 46 | 13 | Gersson van Slooten | 0:56:09 |

Veteranen

| | | | |
|----|----|--------------------|---------|
| 1 | 59 | Hans Hendricks | 0:32:09 |
| 2 | 62 | Pieter Maas | 0:34:58 |
| 3 | 64 | Fokke Snoek | 0:35:06 |
| 4 | 52 | Fokke Loosman | 0:35:49 |
| 5 | 53 | Jaap Vlaming | 0:36:03 |
| 6 | 68 | Willem de Vries | 0:36:20 |
| 7 | 51 | Anne Stobbe | 0:37:55 |
| 8 | 55 | Roelof Visscher | 0:38:01 |
| 9 | 54 | Hans Berkhout | 0:38:28 |
| 10 | 70 | Johan van Otterloo | 0:39:43 |
| 11 | 66 | Jan Visser | 0:40:30 |
| 12 | 67 | Wilbert Mazereeuw | 0:40:48 |
| 13 | 56 | Johan van Slooten | 0:41:06 |
| 14 | 72 | Johan Hoorn | 0:41:53 |
| 15 | 60 | Edwin Claessens | 0:45:07 |
| 16 | 69 | Albert Schraal | 0:45:26 |
| 17 | 61 | Jelle de Vries | 0:45:38 |
| 18 | 65 | Tromp Visser | 0:45:38 |
| 19 | 71 | Pieter Bakker | 0:45:45 |
| 20 | 63 | Willem Schraal | 0:45:59 |
| 21 | 57 | Teun Loosman | 0:46:16 |

Vrouwen

| | | | |
|----|-----|-------------------|---------|
| 1 | 113 | Anna Mazereeuw | 0:37:43 |
| 2 | 114 | Anneke Ruizendaal | 0:38:02 |
| 3 | 110 | Marietje Bolle | 0:39:24 |
| 4 | 109 | Jacolien Kapitein | 0:42:53 |
| 5 | 108 | Alie Snoek | 0:43:34 |
| 6 | 100 | Willy Sinke | 0:43:41 |
| 7 | 106 | Marja Kramer | 0:44:48 |
| 8 | 103 | Lies Meyering | 0:46:44 |
| 9 | 105 | Mieneke Loosman | 0:47:32 |
| 10 | 112 | Jans de Groene | 0:48:14 |
| 11 | 111 | Linda Smiths | 0:48:32 |
| 12 | 107 | Greetje de Vries | 0:49:00 |
| 13 | 104 | Joland Mastebroek | 0:52:49 |
| 14 | 102 | Karin Ceelen | 0:54:51 |
| 15 | 101 | Karin Davids | 0:54:51 |

Uitslag 12-08-2009

Mannen

| | | | |
|----|----|------------------|---------|
| 1 | 9 | Peter Gnodde | 0:29:51 |
| 2 | 12 | Tjeerd Popkema | 0:30:13 |
| 3 | 11 | Cornelis Snoek | 0:31:29 |
| 4 | 22 | Wiebren Westra | 0:33:34 |
| 5 | 29 | Sjoerd Visser | 0:33:56 |
| 6 | 28 | Hendrik Westra | 0:34:54 |
| 7 | 26 | Pieter Coenen | 0:34:55 |
| 8 | 18 | Cornelis Meun | 0:35:15 |
| 9 | 6 | Pieter Sinke | 0:35:38 |
| 10 | 14 | Jan Sinke | 0:36:13 |
| 11 | 15 | Riekelt Post | 0:36:58 |
| 12 | 13 | Bert van Slooten | 0:37:09 |
| 13 | 23 | Louw Gerssen | 0:37:34 |
| 14 | 31 | Geert de Boer | 0:37:57 |
| 15 | 4 | Kees Kapitein | 0:38:02 |
| 16 | 5 | Jurian Molenaar | 0:38:24 |
| 17 | 30 | Maurice Mulder | 0:38:28 |
| 18 | 1 | Albert Post | 0:38:58 |
| 19 | 19 | Joost Visser | 0:39:10 |
| 20 | 24 | Klaas Visser | 0:39:54 |
| 21 | 21 | Kees Wakker | 0:39:55 |
| 22 | 76 | Eric Oevering | 0:40:35 |
| 23 | 3 | Sjoerd Koffeman | 0:40:47 |
| 24 | 17 | Meindert de Boer | 0:41:09 |
| 25 | 2 | Hendrik Baarssen | 0:42:30 |
| 26 | 7 | Gerrit Bakker | 0:44:06 |
| 27 | 25 | Geert ten Napel | 0:44:22 |
| 28 | 8 | Jaap den Dulk | 0:45:05 |
| 29 | 27 | Jan Hakvoort | 0:47:35 |

Veteranen

| | | | |
|----|----|--------------------|---------|
| 1 | 68 | Willem de Vries | 0:34:45 |
| 2 | 65 | Fokke Loosman | 0:36:00 |
| 3 | 57 | Auke Brouwer | 0:36:38 |
| 4 | 56 | Evert v/d Berg | 0:36:58 |
| 5 | 67 | Hans Berkhout | 0:37:18 |
| 6 | 62 | Teunis Snoek | 0:37:19 |
| 7 | 75 | Ricus de Jong | 0:38:08 |
| 8 | 66 | Roelof Visscher | 0:38:22 |
| 9 | 52 | Jan Kramer | 0:38:48 |
| 10 | 61 | Johan van Otterloo | 0:39:31 |
| 11 | 83 | Cees Post | 0:39:35 |
| 12 | 51 | Johan van Slooten | 0:39:41 |
| 13 | 85 | Kees Bakker | 0:40:11 |
| 14 | 78 | Johan Hoorn | 0:40:13 |
| 15 | 54 | Harm van Otterloo | 0:40:40 |

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|----|----|------------------|---------|
| 16 | 72 | Freek Wezelman | 0:40:44 |
| 17 | 74 | Freek Brouwer | 0:40:47 |
| 18 | 55 | Albert Medendorp | 0:40:50 |
| 19 | 69 | Berend Schotanus | 0:41:45 |
| 20 | 71 | Jan Visser | 0:41:59 |
| 21 | 80 | Jelle de Vries | 0:43:07 |
| 22 | 84 | Edwin Claessens | 0:43:17 |
| 23 | 79 | Albert van Urk | 0:43:43 |
| 24 | 82 | Jan Jonkman | 0:43:58 |
| 25 | 60 | Teun Loosman | 0:44:07 |
| 26 | 64 | Willem Schraal | 0:44:14 |
| 27 | 58 | Albert Schraal | 0:45:15 |
| 28 | 70 | Marien Boersma | 0:45:20 |
| 29 | 77 | Jurian Romkes | 0:48:02 |
| 30 | 63 | Roelof Oost | 0:50:46 |

Vrouwen

| | | | |
|----|-----|------------------------|-------------|
| 1 | 109 | Anna Mazereeuw | 0:37:31 |
| 2 | 105 | Marietje Bolle | 0:38:45 |
| 3 | 104 | Jacolien Kapitein | 0:39:59 |
| 4 | 100 | Marja Kramer | 0:43:09 |
| 5 | 103 | Willie Sinke | 0:43:25 |
| 6 | 108 | Alie Vink | 0:48:03 |
| 7 | 106 | Anna Brouwer | 0:50:47 |
| 8 | 102 | Karin Bakker-de Ridder | 0:53:53 |
| 9 | 107 | Jaqulien van Bloois | 0:53:54 |
| 10 | 101 | Mineke Loosman | uitgevallen |

Uitslag 02-09-2009

| <u>positie</u> | <u>rugnr.</u> | <u>Naam</u> | <u>tijd</u> |
|----------------------|---------------|-----------------------|-------------|
| <u>Mannen</u> | | | |
| 1 | 1 | Louis Piercon | 0:28:29 |
| 2 | 43 | Peter Gnodde | 0:29:32 |
| 3 | 29 | Tjeerd Popkema | 0:30:05 |
| 4 | 5 | Frank Veltman | 0:30:39 |
| 5 | 6 | Wannie Friderichs | 0:31:03 |
| 6 | 4 | Andries Mol | 0:31:46 |
| 7 | 42 | Cornelis Snoek | 0:32:23 |
| 8 | 41 | Wiebren Westra | 0:32:53 |
| 9 | 37 | Johan Berkhout | 0:33:36 |
| 10 | 56 | Sjoert Visser | 0:33:47 |
| 11 | 50 | Hendrik Westra | 0:34:03 |
| 12 | 52 | Pieter Coenen | 0:35:09 |
| 13 | 7 | Cees Snoek | 0:35:24 |
| 14 | 17 | Jacob Snoek | 0:35:30 |
| 15 | 12 | Pieter Sinke | 0:35:32 |
| 16 | 11 | Jan Sinke | 0:35:45 |
| 17 | 31 | Nick Ruyter | 0:36:05 |
| 18 | 19 | Mark Oost | 0:36:16 |
| 19 | 57 | Riekelt Post | 0:36:19 |
| 20 | 25 | Jurian Molenaar | 0:36:21 |
| 21 | 28 | Louw Gerssen | 0:36:22 |
| 22 | 22 | Bert van Slooten | 0:36:35 |
| 23 | 8 | Kees Kapitein | 0:37:00 |
| 24 | 23 | Hein Coenen | 0:37:04 |
| 25 | 2 | Edward vd Nes | 0:37:10 |
| 26 | 49 | Klaas-Willem Hoekstra | 0:38:26 |
| 27 | 18 | Klaas Hakvoort | 0:38:52 |
| 28 | 9 | Sjoerd Koffeman | 0:38:57 |
| 29 | 55 | Klaas Visser | 0:39:00 |
| 30 | 21 | Eric Oevering | 0:39:02 |
| 31 | 38 | Joost Visser | 0:39:02 |
| 32 | 35 | Klaas Jongman | 0:39:27 |
| 33 | 14 | Aart van Veen | 0:39:28 |
| 34 | 13 | Albert Post | 0:39:38 |
| 35 | 24 | Johan van Slooten | 0:39:46 |
| 36 | 15 | Cees Kaptein | 0:39:56 |
| 37 | 32 | Timo Hakvoort | 0:39:57 |
| 38 | 98 | Cees Wakker | 0:40:04 |
| 39 | 54 | Albert Koffeman | 0:40:28 |
| 40 | 36 | Freek Koffeman | 0:40:30 |
| 41 | 26 | Meindert de Boer | 0:40:58 |
| 42 | 39 | Kor Ruizendaal | 0:41:01 |
| 43 | 48 | Berend Schotanus | 0:41:06 |
| 44 | 172 | Geert ten Napel | 0:42:39 |
| 45 | 34 | Kees Vis | 0:43:01 |

| | | | |
|----|----|----------------|---------|
| 46 | 46 | Jacob Zwaan | 0:44:25 |
| 47 | 27 | Jan Hakvoort | 0:44:35 |
| 48 | 33 | Jaap den Dulk | 0:44:57 |
| 49 | 51 | Edwin Bakker | 0:45:42 |
| 50 | 45 | Albert Snijder | 0:47:25 |
| 51 | 44 | Piet Snijder | 0:49:05 |
| 52 | 58 | Sjouke Vink | 0:53:12 |
| 53 | 3 | Danny Haages | 0:54:38 |

Veteranen

| | | | |
|----|-----|---------------------|-------------|
| 1 | 82 | Fokke Snoek | 0:33:46 |
| 2 | 61 | Pieter Jan Vlaming | 0:34:01 |
| 3 | 62 | Teunis Snoek | 0:35:33 |
| 4 | 99 | Jan Jongman | 0:36:10 |
| 5 | 94 | Rikus de Jong | 0:36:14 |
| 6 | 70 | Hans Berkhout | 0:36:26 |
| 7 | 69 | Evert v/d Berg | 0:36:30 |
| 8 | 60 | Jan Kramer | 0:37:39 |
| 9 | 90 | Kees Post | 0:37:46 |
| 10 | 78 | Johan van Otterloo | 0:37:52 |
| 11 | 91 | Freek Wezelman | 0:39:38 |
| 12 | 92 | Harm van Otterloo | 0:39:44 |
| 13 | 79 | Jan Visser | 0:39:50 |
| 14 | 77 | Tiemen Jonkschaap | 0:40:05 |
| 15 | 163 | Wilbert Mazereeuw | 0:40:08 |
| 16 | 162 | Kees Bakker | 0:40:14 |
| 17 | 72 | Albert Medendorp | 0:40:24 |
| 18 | 86 | Johan Hoorn | 0:40:29 |
| 19 | 76 | Teun Hakvoort | 0:40:42 |
| 20 | 83 | Freek Brouwer | 0:41:16 |
| 21 | 74 | Eize van Eerde | 0:42:39 |
| 22 | 96 | Tromp Visser | 0:42:58 |
| 23 | 88 | Willem Schraal | 0:43:03 |
| 24 | 65 | Harry Spekschate | 0:43:04 |
| 25 | 95 | Albert van Urk | 0:43:27 |
| 26 | 93 | Nico v/d Voort | 0:43:36 |
| 27 | 84 | Edwin Claessens | 0:43:55 |
| 28 | 97 | Albert Schraal | 0:44:01 |
| 29 | 85 | Jo Visscher | 0:44:18 |
| 30 | 87 | Pieter Bakker | 0:44:46 |
| 31 | 80 | Richard van Hoewijk | 0:44:51 |
| 32 | 67 | Jurian Romkes | 0:45:10 |
| 33 | 89 | Roelof Oost | 0:49:32 |
| 34 | 66 | Ruud van Schie | 0:51:08 |
| 35 | 75 | Evert Kramer | 0:51:17 |
| 36 | 63 | Jan van Berkum | 0:54:21 |
| 37 | 64 | Gert Bos | 0:54:21 |
| | 71 | Teun Loosman | uitgevallen |

Vrouwen

| | | | |
|----|-----|-------------------|---------|
| 1 | 171 | Anna Mazereeuw | 0:36:28 |
| 2 | 115 | Marietje Bolle | 0:37:59 |
| 3 | 120 | Jacolien Kapitein | 0:39:03 |
| 4 | 113 | Jenny van Slooten | 0:41:00 |
| 5 | 114 | Alie Coenen | 0:42:21 |
| 6 | 109 | Marja Kramer | 0:42:37 |
| 7 | 103 | Willie Sinke | 0:42:38 |
| 8 | 116 | Jannemarie Post | 0:45:13 |
| 9 | 174 | Willie Kieft | 0:45:38 |
| 10 | 110 | Mineke Loosman | 0:45:44 |
| 11 | 112 | Willie vd Wal | 0:45:59 |
| 12 | 102 | Willie Baarsen | 0:46:23 |
| 13 | 104 | Linda Smits | 0:46:25 |
| 14 | 124 | Greetje de Vries | 0:46:43 |
| 15 | 111 | Femmy Gnodde | 0:47:22 |
| 16 | 173 | Tiny van Otterlo | 0:47:58 |
| 17 | 108 | Karina Ras | 0:49:04 |
| 18 | 121 | Jans de Groene | 0:49:05 |
| 19 | 107 | Margret Holleman | 0:49:29 |
| 20 | 122 | Karin Bakker | 0:49:34 |
| 21 | 123 | Anna Brouwer | 0:50:21 |
| 22 | 119 | Anita Terpstra | 0:50:53 |
| 23 | 105 | Karin Davids | 0:51:29 |
| 24 | 117 | Janny van Hoewijk | 0:51:45 |
| 25 | 118 | Brenda van Velzen | 0:51:45 |
| 26 | 100 | Nicolle Bruining | 0:53:12 |
| 27 | 101 | Jet Spekschate | 0:54:21 |
| 28 | 106 | Patricia Holleman | 0:58:55 |

Dorpencompetitie

| | | | |
|----|-----|-------------------|---------|
| 1 | 136 | Gerard Hesselmans | 0:31:08 |
| 2 | 154 | Hans Aendrick | 0:32:10 |
| 3 | 145 | Jan Ruyter | 0:32:18 |
| 4 | 140 | Erik Tavenier | 0:33:15 |
| 5 | 160 | Pieter Maas | 0:33:17 |
| 6 | 138 | Tjerk Dijkstra | 0:33:36 |
| 7 | 127 | Frank Stobbe | 0:34:29 |
| 8 | 158 | Mark Hilderink | 0:35:27 |
| 9 | 146 | Jos Ruyter | 0:36:06 |
| 10 | 126 | Anne Stobbe | 0:36:10 |
| 11 | 139 | Harrie Loos | 0:36:11 |
| 12 | 153 | Auke Brouwer | 0:36:20 |
| 13 | 134 | Harry Boerefijn | 0:36:27 |
| 14 | 148 | Cor Vegterlox | 0:37:02 |
| 15 | 128 | Wieger Freeke | 0:37:04 |
| 16 | 156 | Gerard Bovee | 0:37:35 |
| 17 | 143 | Martin Monkel | 0:37:42 |
| 18 | 159 | Gerdi Wicherson | 0:38:33 |
| 19 | 157 | Addy Peters | 0:38:40 |

| | | | |
|----|-----|--------------------|---------|
| 20 | 151 | Sietse Herder | 0:40:07 |
| 21 | 135 | Rommie de Witte | 0:40:08 |
| 22 | 129 | Ferdie Peerdeman | 0:41:14 |
| 23 | 152 | Margot Maljaars | 0:41:15 |
| 24 | 147 | Jan Jonkman | 0:41:41 |
| 25 | 137 | Cor v/d Berg | 0:41:46 |
| 26 | 125 | J. Slijkhuis | 0:42:06 |
| 27 | 133 | Frans Schlepers | 0:42:10 |
| 28 | 132 | Annelies van Schie | 0:42:12 |
| 29 | 155 | Corne van Strien | 0:42:22 |
| 30 | 164 | Linda Schwering | 0:42:31 |
| 31 | 150 | Jaquelin van Blois | 0:42:42 |
| 32 | 144 | Bob Wisse | 0:43:00 |
| 33 | 149 | Piet Brouwer | 0:43:05 |
| 34 | 130 | Hein Molenkamp | 0:43:18 |
| 35 | 161 | Piet de Vos | 0:43:57 |
| 36 | 141 | Ton Stevens | 0:44:41 |
| 37 | 142 | Wilfred Pronk | 0:44:44 |
| 38 | 131 | Jopie van Berkum | 0:51:08 |

Mannen

| | 20-6-2009 | 17-6-2009 | 15-7-2009 | 12-8-2009 | 2-9-2009 | aantal | totaal | langzaamste tijd | op 1 na langzaamste | 3 snelste afstanden |
|------------------------|-----------|-----------|-----------|-----------|----------|--------|---------|------------------|---------------------|---------------------|
| 1 Peter Gnodde | | 0:30:28 | 0:30:54 | 0:29:51 | 0:29:32 | 4 | 2:00:45 | 0:30:54 | 0:30:28 | 1:29:51 |
| 2 Tjeerd Popkema | 0:31:42 | 0:31:29 | 0:31:31 | 0:30:13 | 0:30:05 | 5 | 2:35:00 | 0:31:42 | 0:31:31 | 1:31:47 |
| 3 Cornelis Snoek | 0:31:49 | 0:32:05 | 0:33:22 | 0:31:29 | 0:32:23 | 5 | 2:41:08 | 0:33:22 | 0:32:23 | 1:35:23 |
| 4 Andries Mol | 0:32:15 | | 0:32:03 | | 0:31:46 | 3 | 1:36:04 | 0:32:15 | 0:32:03 | 1:36:04 |
| 5 Wiebren Westra | 0:35:20 | 0:35:07 | 0:35:39 | 0:33:34 | 0:32:53 | 5 | 2:52:33 | 0:35:39 | 0:35:20 | 1:41:34 |
| 6 Sjoert Visser | 0:35:40 | 0:34:35 | 0:35:02 | 0:33:56 | 0:33:47 | 5 | 2:53:00 | 0:35:40 | 0:35:02 | 1:42:18 |
| 7 Johan Berkhout | 0:35:22 | 0:34:52 | 0:35:00 | | 0:33:36 | 4 | 2:18:50 | 0:35:22 | 0:35:00 | 1:43:28 |
| 8 Jacob Snoek | 0:33:41 | 0:34:26 | 0:38:31 | | 0:35:30 | 4 | 2:22:08 | 0:38:31 | 0:35:30 | 1:43:37 |
| 9 Hendrik Westra | | 0:34:53 | 0:35:25 | 0:34:54 | 0:34:03 | 4 | 2:19:15 | 0:35:25 | 0:34:54 | 1:43:50 |
| 10 Frank Stobbe | 0:34:24 | 0:34:51 | 0:35:45 | | 0:34:03 | 3 | 1:45:00 | 0:35:45 | 0:34:51 | 1:45:00 |
| 11 Pieter Sinke | 0:34:34 | 0:35:26 | 0:36:30 | 0:35:38 | 0:35:32 | 5 | 2:57:40 | 0:36:30 | 0:35:38 | 1:45:32 |
| 12 Cornelis Meun | | 0:35:01 | 0:36:13 | 0:35:15 | | 3 | 1:46:29 | 0:36:13 | 0:35:15 | 1:46:29 |
| 13 Pieter Coenen | 0:36:54 | 0:36:35 | 0:36:35 | 0:34:55 | 0:35:09 | 5 | 3:00:08 | 0:36:54 | 0:36:35 | 1:46:39 |
| 14 Cees Snoek | 0:36:07 | 0:36:32 | 0:36:58 | | 0:35:24 | 4 | 2:25:01 | 0:36:58 | 0:36:32 | 1:48:03 |
| 15 Jan Sinke | 0:36:30 | | | 0:36:13 | 0:35:45 | 3 | 1:48:28 | 0:36:30 | 0:36:13 | 1:48:28 |
| 16 Tacco Visser | 0:36:50 | 0:36:45 | 0:35:58 | | 0:36:19 | 3 | 1:49:33 | 0:36:50 | 0:36:45 | 1:49:33 |
| 17 Gabor van den Berg | 0:36:36 | 0:37:14 | 0:35:56 | | 0:36:19 | 3 | 1:49:46 | 0:37:14 | 0:36:36 | 1:49:46 |
| 18 Bert van Slooten | 0:36:32 | 0:37:04 | 0:38:18 | 0:37:09 | 0:36:35 | 5 | 3:05:38 | 0:38:18 | 0:37:09 | 1:50:11 |
| 19 Louw Gerssen | 0:36:35 | 0:38:51 | 0:38:28 | 0:37:34 | 0:36:22 | 5 | 3:07:50 | 0:38:51 | 0:38:28 | 1:50:31 |
| 20 Marc Oost | 0:38:07 | 0:37:27 | 0:37:56 | | 0:36:16 | 4 | 2:29:46 | 0:38:07 | 0:37:56 | 1:51:39 |
| 21 Riekelt Post | | 0:44:30 | 0:39:16 | 0:36:58 | 0:36:19 | 4 | 2:37:03 | 0:44:30 | 0:39:16 | 1:52:33 |
| 22 Pieter Hakvoort | 0:36:45 | 0:37:42 | 0:38:09 | | 0:36:19 | 3 | 1:52:36 | 0:38:09 | 0:37:42 | 1:52:36 |
| 23 Hein Coenen | 0:38:45 | 0:38:12 | 0:38:14 | | 0:37:04 | 4 | 2:32:15 | 0:38:45 | 0:38:14 | 1:53:30 |
| 24 Jurian Molenaar | 0:39:19 | 0:38:55 | | 0:38:24 | 0:36:21 | 4 | 2:32:59 | 0:39:19 | 0:38:55 | 1:53:40 |
| 25 Johan van Slooten | 0:38:25 | 0:38:15 | 0:39:41 | | 0:39:46 | 4 | 2:36:07 | 0:39:46 | 0:39:41 | 1:56:21 |
| 26 Albert Post | 0:41:42 | 0:40:14 | 0:38:31 | 0:38:58 | 0:39:38 | 5 | 3:19:03 | 0:41:42 | 0:40:14 | 1:57:07 |
| 27 Maurice Mulder | 0:39:38 | 0:39:41 | 0:39:05 | 0:38:28 | | 4 | 2:36:52 | 0:39:41 | 0:39:38 | 1:57:11 |
| 28 Joost Visser | 0:39:55 | 0:41:32 | | 0:39:10 | 0:39:02 | 4 | 2:39:39 | 0:41:32 | 0:39:55 | 1:58:07 |
| 29 Klaas Visser | 0:41:26 | 0:40:13 | | 0:39:54 | 0:39:00 | 4 | 2:40:33 | 0:41:26 | 0:40:13 | 1:59:07 |
| 30 Cees Kaptijn | 0:39:56 | 0:40:16 | | | 0:39:56 | 3 | 2:00:08 | 0:40:16 | 0:39:56 | 2:00:08 |
| 31 Erik Oevering | | | 0:40:39 | 0:40:35 | 0:39:02 | 3 | 2:00:16 | 0:40:39 | 0:40:35 | 2:00:16 |
| 32 Aart van Veen | | 0:40:29 | 0:40:25 | | 0:39:28 | 3 | 2:00:22 | 0:40:29 | 0:40:25 | 2:00:22 |
| 33 Kor Ruizendaal | 0:39:37 | 0:40:09 | | | 0:41:01 | 3 | 2:00:47 | 0:41:01 | 0:40:09 | 2:00:47 |
| 34 Timo Hakvoort | 0:38:58 | | 0:42:14 | | 0:39:57 | 3 | 2:01:09 | 0:42:14 | 0:39:57 | 2:01:09 |
| 35 Kees Wakker | | 0:42:37 | 0:41:48 | 0:39:55 | 0:40:04 | 4 | 2:44:24 | 0:42:37 | 0:41:48 | 2:01:47 |
| 36 Meindert de Boer | | 0:43:24 | 0:42:12 | 0:41:09 | 0:40:58 | 4 | 2:47:43 | 0:43:24 | 0:42:12 | 2:04:19 |
| 37 Geert ten Napel | 0:45:51 | 0:47:46 | 0:44:33 | 0:44:22 | 0:42:39 | 5 | 3:45:11 | 0:47:46 | 0:45:51 | 2:11:34 |
| 38 Kees Vis | | 0:45:40 | 0:44:52 | | 0:43:01 | 3 | 2:13:33 | 0:45:40 | 0:44:52 | 2:13:33 |
| 39 Jaap den Dulk | 0:45:56 | 0:46:19 | 0:45:59 | 0:45:05 | 0:44:57 | 5 | 3:48:16 | 0:46:19 | 0:45:59 | 2:15:58 |
| 40 Jan Hakvoort | 0:53:06 | 0:50:32 | 0:49:43 | 0:47:35 | 0:44:35 | 5 | 4:05:31 | 0:53:06 | 0:50:32 | 2:21:53 |
| 41 Gersson van Slooten | 0:50:09 | 0:48:36 | 0:56:09 | | | 3 | 2:34:54 | 0:56:09 | 0:50:09 | 2:34:54 |
| 42 Sjouke Vink | 0:51:55 | 0:52:19 | | | 0:53:12 | 3 | 2:37:26 | 0:53:12 | 0:52:19 | 2:37:26 |

Veteran

| | 20-5-2009 | 17-6-2009 | 15-7-2009 | 12-8-2009 | 2-9-2009 | aantal | totaal | langzaamste tijd | op 1 na langzaamste | 3 snelste afstanden | |
|----|--------------------|-----------|-----------|-----------|----------|---------|--------|------------------|---------------------|---------------------|----------------|
| 1 | Willem de Vries | 0:34:10 | 0:35:52 | 0:36:20 | 0:34:45 | | 4 | 2:21:07 | 0:36:20 | 0:35:52 | 1:44:47 |
| 2 | Fokke Snoek | 0:44:50 | 0:36:08 | 0:35:06 | | 0:33:46 | 4 | 2:29:50 | 0:44:50 | 0:36:08 | 1:45:00 |
| 3 | Fokke Loosman | 0:35:07 | 0:35:06 | 0:35:49 | 0:36:00 | | 4 | 2:22:02 | 0:36:00 | 0:35:49 | 1:46:02 |
| 4 | Teunis Snoek | 0:36:16 | 0:36:36 | | 0:37:19 | 0:35:33 | 4 | 2:25:44 | 0:37:19 | 0:36:36 | 1:48:25 |
| 5 | Auke Brouwer | 0:36:08 | 0:37:19 | | 0:36:38 | 0:36:20 | 4 | 2:26:25 | 0:37:19 | 0:36:38 | 1:49:06 |
| 6 | Evert van de Berg | 0:37:22 | 0:37:23 | | 0:36:58 | 0:36:30 | 4 | 2:28:13 | 0:37:23 | 0:37:22 | 1:50:50 |
| 7 | Rikus de Jong | 0:36:28 | 0:38:42 | | 0:38:08 | 0:36:14 | 4 | 2:29:32 | 0:38:42 | 0:38:08 | 1:50:50 |
| 8 | Anne Stobbe | 0:36:46 | 0:38:00 | 0:37:55 | | 0:36:10 | 4 | 2:28:51 | 0:38:00 | 0:37:55 | 1:50:51 |
| 9 | Hans Berkhout | | 0:38:25 | 0:38:28 | 0:37:18 | 0:36:26 | 4 | 2:30:37 | 0:38:28 | 0:38:25 | 1:52:09 |
| 10 | Roelof T. Visscher | 0:36:59 | 0:38:16 | 0:38:01 | | 0:38:22 | 4 | 2:31:38 | 0:38:22 | 0:38:16 | 1:53:16 |
| 11 | Jan Kramer | 0:39:02 | | | 0:38:48 | 0:37:39 | 3 | 1:55:29 | 0:39:02 | 0:38:48 | 1:55:29 |
| 12 | Johan van Otterloo | | | 0:39:43 | 0:39:31 | 0:37:52 | 3 | 1:57:06 | 0:39:43 | 0:39:31 | 1:57:06 |
| 13 | Jan Visser | 0:39:45 | 0:39:53 | 0:40:30 | 0:41:59 | 0:39:50 | 5 | 3:21:57 | 0:41:59 | 0:40:30 | 1:59:28 |
| 14 | Kees Post | | 0:42:16 | | 0:39:35 | 0:37:46 | 3 | 1:59:37 | 0:42:16 | 0:39:35 | 1:59:37 |
| 15 | Wilbert Mazereeuw | 0:39:53 | 0:41:52 | 0:40:48 | | 0:40:08 | 4 | 2:42:41 | 0:41:52 | 0:40:48 | 2:00:49 |
| 16 | Johan Hoorn | 0:40:10 | | 0:41:53 | 0:40:13 | 0:40:29 | 4 | 2:42:45 | 0:41:53 | 0:40:29 | 2:00:52 |
| 17 | Kees Bakker | | 0:40:31 | | 0:40:11 | 0:40:14 | 3 | 2:00:56 | 0:40:31 | 0:40:14 | 2:00:56 |
| 18 | Freek Wezelman | 0:41:47 | 0:41:08 | | 0:40:44 | 0:39:38 | 4 | 2:43:17 | 0:41:47 | 0:41:08 | 2:01:30 |
| 19 | Teun Hakvoort | 0:40:09 | 0:41:17 | | | 0:40:42 | 3 | 2:02:08 | 0:41:17 | 0:40:42 | 2:02:08 |
| 20 | Freek Brouwer | 0:40:32 | | | 0:40:47 | 0:41:16 | 3 | 2:02:35 | 0:41:16 | 0:40:47 | 2:02:35 |
| 21 | Albert Medendorp | 0:42:03 | | | 0:40:50 | 0:40:24 | 3 | 2:03:17 | 0:42:03 | 0:40:50 | 2:03:17 |
| 22 | Johan van Slooten | 0:44:27 | | 0:41:06 | 0:39:41 | | 3 | 2:05:14 | 0:44:27 | 0:41:06 | 2:05:14 |
| 23 | Jan Jonkman | 0:41:53 | 0:42:03 | | 0:43:58 | | 3 | 2:07:54 | 0:43:58 | 0:42:03 | 2:07:54 |
| 24 | Albert van Urk | 0:43:52 | 0:44:44 | | 0:43:43 | 0:43:27 | 4 | 2:55:46 | 0:44:44 | 0:43:52 | 2:11:02 |
| 25 | Willem Schraal | 0:44:44 | | 0:45:59 | 0:44:14 | 0:43:03 | 4 | 2:58:00 | 0:45:59 | 0:44:44 | 2:12:01 |
| 26 | Edwin Claessens | | 0:46:01 | 0:45:07 | 0:43:17 | 0:43:55 | 4 | 2:58:20 | 0:46:01 | 0:45:07 | 2:12:19 |
| 27 | Pieter Bakker | 0:44:09 | 0:44:44 | | 0:45:45 | 0:44:46 | 4 | 2:59:24 | 0:45:45 | 0:44:46 | 2:13:39 |
| 28 | Albert Schraal | | | 0:45:26 | 0:45:15 | 0:44:01 | 3 | 2:14:42 | 0:45:26 | 0:45:15 | 2:14:42 |
| 29 | Jelle de Vries | | 0:46:07 | 0:45:38 | 0:43:07 | | 3 | 2:14:52 | 0:46:07 | 0:45:38 | 2:14:52 |
| 30 | Tromp Visser | | 0:47:26 | 0:45:38 | | 0:42:58 | 3 | 2:16:02 | 0:47:26 | 0:45:38 | 2:16:02 |
| 31 | Teun Loosman | | 0:47:56 | 0:46:16 | 0:44:07 | | 3 | 2:18:19 | 0:47:56 | 0:46:16 | 2:18:19 |
| 32 | Roelof Oost | 0:50:44 | 0:52:30 | | 0:50:46 | 0:49:32 | 4 | 3:23:32 | 0:52:30 | 0:50:46 | 2:31:02 |

dames

| | 20-5-2009 | 17-6-2009 | 15-7-2009 | 12-8-2009 | 2-9-2009 | <i>aantal</i> | <i>totaal</i> | <i>langzaamste tijd</i> | <i>op 1 na langzaamste</i> | <i>3 snelste afstanden</i> |
|-----------------------|-----------|-----------|-----------|-----------|----------|---------------|---------------|-------------------------|----------------------------|----------------------------|
| 1 Anna Mazereeuw | | 0:38:25 | 0:37:43 | 0:37:31 | 0:36:28 | 4 | 2:30:07 | 0:38:25 | 0:37:43 | 1:51:42 |
| 2 Anneke Ruizendaal | 0:37:54 | 0:37:43 | 0:38:02 | | | 3 | 1:53:39 | 0:38:02 | 0:37:54 | 1:53:39 |
| 3 Marietje Bolle | 0:38:02 | 0:39:57 | 0:39:24 | 0:38:45 | 0:37:59 | 5 | 3:14:07 | 0:39:57 | 0:39:24 | 1:54:46 |
| 4 Jenny van Slooten | 0:39:50 | 0:40:12 | | | 0:41:00 | 3 | 2:01:02 | 0:41:00 | 0:40:12 | 2:01:02 |
| 5 Jacolien Kapitein | | | 0:42:53 | 0:39:59 | 0:39:03 | 3 | 2:01:55 | 0:42:53 | 0:39:59 | 2:01:55 |
| 6 Willie Sinke | | 0:43:13 | 0:43:41 | 0:43:25 | 0:42:38 | 4 | 2:52:57 | 0:43:41 | 0:43:25 | 2:09:16 |
| 7 Marja Kramer | 0:43:50 | 0:45:02 | 0:44:48 | 0:43:09 | 0:42:37 | 5 | 3:39:26 | 0:45:02 | 0:44:48 | 2:09:36 |
| 8 Alie Coenen-Snoek | 0:43:48 | 0:43:55 | 0:43:34 | | 0:42:21 | 4 | 2:53:38 | 0:43:55 | 0:43:48 | 2:09:43 |
| 9 Mieneke Loosman | 0:44:50 | 0:44:30 | 0:47:32 | | 0:45:44 | 4 | 3:02:36 | 0:47:32 | 0:45:44 | 2:15:04 |
| 10 Jaqulien v. Bloois | | 0:42:10 | | 0:53:54 | 0:42:42 | 3 | 2:18:46 | 0:53:54 | 0:42:42 | 2:18:46 |
| 11 Alie Vink | 0:44:48 | 0:46:09 | | 0:48:03 | | 3 | 2:19:00 | 0:48:03 | 0:46:09 | 2:19:00 |
| 12 Gre de Vries | 0:46:09 | 0:47:05 | 0:49:00 | | 0:46:43 | 4 | 3:08:57 | 0:49:00 | 0:47:05 | 2:19:57 |
| 13 Jans de Groene | 0:51:53 | 0:49:17 | 0:48:14 | | 0:49:05 | 4 | 3:18:29 | 0:51:53 | 0:49:17 | 2:26:36 |
| 14 Anna Brouwer | | 0:52:43 | | 0:50:47 | 0:50:21 | 3 | 2:33:51 | 0:52:43 | 0:50:47 | 2:33:51 |